

ECASB EXTRA - SPRING 2021

Where professional development, leadership & advocacy meet.

An Exclusive Added Resource for Erie County Association School Board Members - Beyond the Board

The New Jour Street

16 Central Avenue
Lancaster, New York 14086
716 - 683 - 4374
Mon. Tues. Wed. and Fri. 10 am - 5 pm;
Thurs. 10 am - 7 pm;
Sat. 10 am - 4 pm or by appt.

Centrally located from anywhere in Western New York

The New York Store, a men's clothing store located in the Village of Lancaster has been in business for over 92 years. The clothing selection includes a variety of suits, sport coats, blazers, dress pants, dress shirts and over coats. For sportswear, they offer sweaters, knit shirts, jeans and casual pants as well as shorts. To complete your look, they have ties, suspenders, belts, shoes, socks and cologne.

Personal service is what The New York Store is all about. They offer alterations to your selections at no charge. In addition, the store has a Ladies Department which includes dress and casual wear.











Ask Alan...

Q: What fabric wears best for spring and summer suits?

A: Wools or wool with a blend of polyester. Natural fabrics feel great, but cotton and linen do wrinkle.

Q: Should my dress shirts be pressed?

A: Shirts should have a crisp look to them. If taken to a cleaner, you will be able to determine how much starch is being used.

Q: My son is graduating from college and will be going on job interviews at accounting firms, what are some good guidelines to follow in building a wardrobe?

A: Start with a basic blues, blacks or grays. You can mix different shirts and ties to change the overall look. Be careful about bold stripes and plaid suits for interviews. Understated is always best.

Q: I have been exercising and lost weight. How much can a suit be altered and still look good?

A: It all depends on how much weight was lost or where the weight was lost. If loss is in the shoulders - it is time for a new suit. If a significant amount is lost in the waist and seat, pants should not be altered as they will not lay correctly if taken in too much.



Research shows that what <u>you wear to work</u> can not only impact <u>how others perceive you</u>, it can also affect <u>how well you perform at your job</u>, <u>how you perceive yourself</u> <u>and your abilities</u>, and even <u>how quickly you move up the professional ladder</u>.

The Perfect Fit... A Sizing Guide

- 1. Collar Measure around the neck at the base where shirt fits.
- 2. Chest—Measure the chest around the fullest part placing the tape close up under the arms making sure the tape is well up at the back over the shoulder blades.
- 3. Waist Measure around the natural waistline over any under garments which may be worn.
- 4. Inseam Measure from the top of the inside of the leg to the hem.
- 5. Sleeve length Bend your arm at the elbow and measure from the center of the back around to the elbow to the wrist.
- 6. Out seam Measure from the natural waistline on the outside of the leg to the hem.
- *Clothes that do not fit properly will appear unprofessional and sloppy.





